# CANTA

HOW TO:
MAKE FRIENDS

THURSDAYS
IN BLACK

UC ENTREPRENEURS





## WHATS HAPPENING AT THE UCSA

UCSA's infamous Tea Party sold out in 2 hours! Did you get your tickets?

The legendary UCSA Tea Party is nature's way of rewarding you for making it through a full year of lectures!

But this year nature's delivered an extra treat! We've teamed up with our friends at Audiology to bring you The Pre Tea Party - Featuring Hot Dub Time Machine So unless you think you're better than nature... it's time to start sorting out your best \$2 costumes!!!

October is a packed month for sweet events – We have the Supreme Club Awards on Friday the 6th. Voting ended on the 17th of September, so fingers crossed for your fave club. If you're on a club's exec, make sure you've received your link to RSVP!

The University of Canterbury Blues Awards are happening the night after. This year, we are expanding these awards to recognise students who have also excelled in the Arts and the Community. Think you've excelled in the arts or sports or made an impact to the community or know anyone that has? Submit your nominations today for the 2017 awards ceremony! The event will take place on Saturday 7th October.

You can find all the info you need on UCSA.org.nz/Blues

Don't forget about Coffee Party either. It's the not-Tea-Party Tea-Party! It is a non-alcoholic, all ages, free, relaxing event for all UC students to celebrate the end of lectures. There will be music, free drinks and baking. There will also be other free stuff to be given away, be there to find out what they are!

And there's more – the Huskies are going to be there too! Coffee Party will happen on Friday 20th October 2017 on C Block Lawn, 1am-2pm. Wet-weather alternative venue will be the Undercroft. Don't forget you can always call us, or come visit the UCSA team in the UCSA office, in Undercroft!











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## EDITOR'S NOTE

Okay, first things first. I made a tongue in cheek post about Dane Rumble a few issues back, and now thanks to The Gentlemen's Club, hes coming here in concert and I NEED TO GO.

10 years ago, I wanted to be him. The hair, the specs, a necklace and deep V neck...and now I've backed myself into a corner, because I wrote in CANTA that he was an early prototype of Siri. He will KNOW. ?! I either wished this into being (thanks, The Secret) or hes coming to fight me. Look for me in the back of the gig, hood up, and my Dane Rumble glasses on...

Speaking of deep V necks -I go back in time,

and get personal in a first for CANTA, a new feature called Letter To My First Year Self.

We also talk to a couple of UC entrepreneurs about their ventures— check out The Monthly Co and Take A Bite!

There's a bunch of info on the amazing Thursdays in Black movement happening here at UC, and we help you make friends in How To: Student. Good luck with that. I wonder if that article will help me be mates with Dane Rumble...

See you next issue - the last for 2017, yo!

- JOSHUA

## THIS ISSUE'S CONTRIBUTORS



Reo Roy



Java Katzur



Wajd El-Matary



Spanky Moore



Asher Oliver







## ETTERS TO THE EDITOR.

Dear CANTA,

Me and the flatties were just perusing some of the old issues and we came across the article about Rod Carr's salary. This got us thinking about the salaries the UCSA is drawing down. The ones paid by OUR student services levy. We looked it up and found out what the President and the Exec are on... and we're REASONABLY ok with them. But if old Roddy is on \$600K plus... how much is the CEO of the UCSA on? Please find out for us. And don't let them tell you it's confidential. This is a MEMBER organisation, which only exists because us STUDENTS pay our LEVY. We deserve to know (within \$10K or so).

Yours, Balgaylord

### **Hey Balgaylord**

UCSA salaries are private. Think of salaries like underwear. Some people discuss them, but mostly people just really need to keep them to themselves because it makes some people feel really weird. Some are pricey, and some have a lot less value but the important thing is... not many people see them. Because they're just for you. How good Is that for an analogy?! I love undies.

#### - CANTA



### Hi CANTA,

I'm sure you get lots of people writing in to complain about the state of the wifi on campus (especially in the last few weeks, where it seems to have decided to become more on-again-off-again

than a high school relationship). However, frankly, my nerves can no longer take it. Admittedly, trying to time handing in an assignment for ten minutes before the deadline was totally on me. But on the other hand, the heart attack that I suffered when ailing wifi prevented me from making use of the excellent follow-you printing at 4:51pm was just a little bit too much. CANTA, if you can get us \$2 rice every day, surely you can at least find out what's going on with the wifi?

Well first things first, 4.51 is some Indiana Jones level shit. Don't blame the wifi! Look, I'll be first to admit that the wifi can be a little shoddy at times, but in terms of servicing a micro city of students, you gotta give it a break! There's a duct taped modem out there sweating it's little ethernet cable off. Or, maybe it's someone's mum enforcing a curfew? I've reached out to I.T about this, and hopefully we will have an answer for you in the next issue.

#### - CANTA



Dear darling UCSA,

What the heck is wrong with the pay & display ticket machines in the carparks?! I walk to uni every day, until one day (today) I had to drive. "No worries, I'll just grab a pay and display ticket, \$9 isn't cheap but whatever, treat yo'self and all that," I thought. Oh, the naivety! The machine refused to read my credit card. "No worries," I thought, "I'll just use this crumpled \$10 note I carry round for emergencies." Alas,

some caveman thought that it is totally normal behaviour to carry \$9 of coins in one's wallet. What year is this?! I'm not my grandma! Coins are heavy and a waste of space!! The sign on the machine said I could use a parking coupon but come on guys, are we seriously suggesting I have to interact with humans to carry out a basic task?? To finish my saga, I went to a different machine where, happily, my credit card worked. Only, they charged me 50c for the fricking privilege of paying like a normal person in 2017! This has ruined my whole day because of the sheer rage I'm feeling right now. This rant has been authorised by me.

Yours sincerely, Not a Caveman

What kind of student is out here with a ten-dollar note? Do you want to be mugged? Are you Floyd Mayweather? In my opinion, you need to suck it up. This is real life. People need coins and annoying shit happens. Plan for this. Imagine if something actually bad happened, like you got mugged by a desperate CANTA Editor for your \$10 note? Where are you right now actually? Can we... talk?

#### - CANTA Editor



As you can imagine, like many other long-time students, I was shocked and upset at the announcement that Tea Party 2017 would be held on a Saturday. Is nothing sacred now? Gone are the days of passing out in your

neighbour's driveway preventing them from going to work and skipping Friday lectures because fuck the system Bailevs on cereal is amazing. Or turning up drunk because you're a nerd. Now it's just another all day costumed drinking session on a Saturday, i.e. a normal Saturday except with a \$50 ticket price. Weep for the future generations who will never experience handing in that last assignment you cranked out in an all-nighter while shotgunning Billy Mavs to catch up with your flatmates. Grieve for freshers who will never pull in the Ilam School pool while all the teachers are still around. Pity the fools who'll now go Tea Party because they think it's irresponsible to skip boring a Friday afternoon lecture that literally everyone else is going to skip. Truly this minor change is a sign of the end times of a vibrant drinking culture. I only hope that the UCSA sees the light in future and restores Tea Party to a weekday.

Bill

#### Hi Bill

Baileys on cereal. Thanks, you've sealed the deal and this is how I will die. Good points raised here, Bill. There's decent amounts of positive response to the day change - we sold out in two hours!! I guess the old adage 'you can't please everybody' comes into play. The initial idea around the change is to avoid essential last day lectures being missed. They're important, you know! It's not all stacking up furniture and taking home artwork like primary school. I guess Quinn put it ever so eloquently on the UC Yes/No Facebook page:

#### - CANTA

Quinn Thompson If you even know what day it is during tea party, you're doing it wrong
Like - Reply - 3 43 - 7 September at 15:01

#### Kia Ora,

I was glad to see that the plastic forks on campus have been replaced with bamboo ones, this is to accompany the city's trial or co-friendly food containers (which hold the \$2 rice in). The point of having eco-friendly disposable containers is that they are better for the environment, why then, is there no other option for disposing them than in the red bin (I'm fairly sure that they aren't recyclable, and probably not green bin material due to their wax lining)? Someone a few

months ago suggested that people could bring their own reusable containers and get their fill of rice in there. The vegetarian society uses this method quite successfully, with a dollar charge of not bring your own container. If we really want to be eco-friendly, I believe that we as people need to actually think about the consequences of our waste.

Sincerely, The Environmental Guru

#### Hey Guru,

thanks for another letter! We are looking into recyclable options for containers currently, and hopefully this will be implemented soon. In terms of the BYO container idea for rice, I love it. There's a few logistics around health and safety to consider, but I will forward this info onto the Food and Beverage Manager for comment. Check out next CANTA, we'll have an update for you.

#### - CANTA



Firstly I would like to congratulate MUSOC on the stellar job they did with Spring Awakening. Everything about the production was outstanding: you guys knocked it out of the park with this one, well done. The only thing I WAS disappointed in was the behaviour of the UCSA exec members in the audience. Having got into the show for free because of their position, they proceeded to whisper and giggle throughout the entirety of the first act. At times this was loud enough to actively distract from what was happening onstage. Aside from the fact that this was horrifically poor theatre etiquette and incredibly rude, it was also inappropriate: this disturbance reached its crescendo as Wendla was raped onstage. The director confronted them at interval as to whether they found the subject matter somehow

funny. No apology was given for their behavior. Flippancy was also shown as Moritz considered suicide, with a loud "crikey" in a theatre otherwise moved to silence by George Sharman's performance. Shame on you, UCSA exec. The performers deserved better (apparently, they could hear you, by the way). Learn how to show at least a modicum of respect before attending any future theatre performances, please.

## We reached out to the Exec for comment on this:

2017's Exec like to support student events as much as possible, including MUSOC's Spring Awakening, and strive to be respectful and appropriate in these situations.

The Exec members who attended the event are aware of this complaint, and will take the feedback on board for the next event they attend.

Thank you MUSOC for the opportunity to attend the event, the effort you all put in, and the talent displayed in Spring Awakening.



letters@canta.co.nz Snap @cantamag <100 words \$25 UBS voucher for Letter of the Week





## UC ARTS STUDENT WINS TOP PRIZE

C B.A. student Ashley Stuart has won the top student prize for Arts and Humanities in the 2017 New Zealand Student Awards

Beating competition from Auckland, Victoria, Waikato, Massey and Otago, Ashley won a \$1,000 prize, contributed by Deloitte - one of the five large employers sponsoring the awards.

Seren Wilson, Principal Consultant at Talent Solutions, who co-ordinates the selection process for the awards, said "The successful finalists represent strong all-rounders" "While academic achievements are important, the selection process places equal emphasis on aspects like work and volunteering experience, communication skills, extra-curricular activities and awards and scholarships received".

While studying toward a B.A. in Political Science and History at UC, Ashley has completed an internship to Thailand through the UC PACE programme, travelled to the Model EU event in Hong Kong, been the president of Canterbury's UN Youth, and captained the UC A netball team



## STAFF OF THE YEAR AWARDS WINNERS

he UCSA annual Staff of The Year awards were held on the 15th of September at The Foundry. A huge congratulations to all staff members who were nominated and a big thank you to all of the students who nominated!

#### The winners are...

Lecturer of the Year - Herb de Vries Lecturer of the Year Arts - Alex Tan Lecturer of the Year Business & Law - Herb de Vries **Lecturer of the Year Education - Tracy Clelland Lecturer of the Year Engineering - Sid Becker Lecturer of the Year Science - Pieter Pelser** Supervisor of the Year - Angus MacFarlane **Administrator of the Year - Heather Couch Technical Staff of the Year - Julian Murphy** Superstar of the Year - Jane Hall Great Character of the Year - Steve Agnew The TECP112 Rupert Sass Award - Brigid McNeill Best Ability to Make Direct Eye Contact Just as I Am Falling Asleep in a Lecture - Steve Agnew Te Kaiako Nui The Connector - Te Hurinui Clarke Smiling Harbinger of Anthropogenic Doom - Travis Horton **Whale Rider Award - Travis Horton** 

## RECORD NUMBERS OF POSTGRADUATES AT UC

he University of Canterbury has welcomed more than 1000 full-time equivalent students in masters' programmes and record numbers of doctoral students in 2017, with over 700, with more expected to enrol before the end of the year.

The University of Canterbury (UC) offers a wide range of postgraduate qualifications through world-class resources and exciting, hands-on research opportunities, according to Vice-Chancellor Dr Rod Carr who welcomed news of the record numbers of postgraduate students. It's a dynamic environment in which to advance yourself learn alongside academics and students from more than 100 nations, join a vibrant students' association, and get involved in any of 140 clubs.

Events are held throughout the year to encourage

collaboration and networking between the postgraduate and UC staff community.

## WHAT'S UP NEXT?

GradFestGradFest is an annual, week-long event of lectures and workshops for postgraduate thesis writers. At GradFest, held from 30 October to 3 November this year, students can learn about the latest research trends, develop new skills to enhance their study, and have the opportunity to network with other postgraduate students.

GradFest brings together different departments at UC such as the Postgraduate Office, Academic Skills Centre, Library, E-Learning, Careers and Academic Services Group to share their expertise with postgraduate students.

Find more about postgraduate options on UC's website: www.canterbury.ac.nz/postgraduate/



## Q CANTERBURY PRESIDENT RESIGNS

ewly elected QCanterbury President Max Farra has resigned after just three weeks in the position.

This resignation was received amidst concerns within the club that Farra had publicly endorsed a political party as Q Canterbury president, in an online post.

This was met with strong opposition from members of the club based on the 'apolitical stance of the group'.

A committee meeting was held on 13th September, where Farra immediately tendered his resignation, along with two other members of the committee.

In a statement released to media, QCanterbury said they were "a club that promotes inclusivity for all students at UC no matter their race, gender or political affiliation. QCanterbury wishes to avoid association with any political party and to remain unbiased. Club members raised concerns around the inclusion of the QCanterbury name and the implied endorsement that can be drawn from that.

We regret that Max chose to resign instead of engaging with our membership at a general meeting. QCanterbury refutes Max's claim that he was ousted from club because of his political belief. We strongly believe in people's right to their own political opinions and don't object to Max being included in Young Nats promotional material as an individual."

When contacted by CANTA, Max offered his own statement: "Holding the office of QCanterbury President does not make what was a personal statement an endorsement by the club, it is an additional facet to my life. If the CEO of the Warehouse expressed support for the National Party, few would agree that it is reasonable to assume that the Warehouse Group more broadly had expressed this view. I should be free to advertise my personal support for any cause without that support being objectively linked to any organisation.

My actions were constitutionally sound. If QCanterbury, moving forward, would prefer that its executive members do not have the freedom to express their political beliefs, or perhaps simply differing political beliefs, while disappointing, this should be signalled to our members. As it stands, there seems to be a gap in the constitution for the direction some of our members wish to take the club in. Before being elected as President in August, I was the Treasurer for the club. QCanterbury is something positive which I remain passionate about, so it is really sad that my willingness to express my views has led to the outcome we all now know. Some of the more disappointing and hurtful remarks were from some members telling me to 'jump [in] a lake', that they didn't support 'someone like that being President of QCanterbury', and comparisons to Milo Yiannopoulos, an alt-right poster boy. I, therefore, made the decision to step down, as facing these attitudes at an SGM was not something I am, or should be, expected to do, as a person. However, I'm humbled and truly grateful for the support of all the people who have reached out to me over the past week. I'd also like to especially thank many other members of QCanterbury, including my fellow former executives, some of whom were even brave enough to support me publicly."

#### WHERE DOES THE UCSA FIT INTO THIS?

James Huntley, UCSA Clubs Coordinator has the following advice for UC clubs.

"I think it's important for clubs to understand what they stand for, and decide for themselves whether or not they want to be apolitical. I don't think it is appropriate that all clubs do – it would make life for the youth wings of political parties very difficult on campus.

There may be times that clubs find that they wish to support a particular policy item, as it aligns with their purpose. In any of these situations it is really important that the members are aware of any statement that might be made, and ideally that the committee has sought feedback from its members before it makes that statement.

If a club is unsure about whether they should take a stance on an issue, then they should definitely consult their membership. If they want, clubs can get in contact with the UCSA for quidance."

Vice President of QCanterbury, Emma Drummond is now Acting President. A Special General Meeting is yet to be held regarding the matter.

## By Joshua Brosnahan

Do you have any questions about your club? Contact The UCSA or email the Clubs Coordinator on james.huntley@ucsa.org.nz





# UNIVERSITY OF CANTERBURY CONTESTS NEXT GENERATION DEBATE

The University of Canterbury's Sophie Maher and Nic Wilson brought their wit and best arguments to Wellington last month to contest the semi-final of The New Zealand Initiative's Next Generation Debates.

Up against rivals Auckland University, both teams were faced with the moot 'This House believes that New Zealand should lower its current migrant intake'.

Sophie Maher and Nic Wilson debated the negative position – that New Zealand should not lower its current migrant intake.

The University of Auckland's James Penn and Kayla Grant argued the affirmative, taking the contrary position that the housing and infrastructure pressures New Zealand currently faces mean that a lower migrant intake could be justified.

Both teams presented convincing arguments about the value immigrants provide to New Zealand, however an independent judging panel declared the University of Auckland the winner. The judges held that both teams presented convincing arguments about the value immigrants provide to New Zealand in many circumstances.

However, ultimately, they believed that the team of University of Auckland was able to demonstrate that the housing and infrastructure pressures New Zealand currently faces mean that a lower migrant intake could be justified.

The high-quality debates impressed ACT Party Leader David Seymour, and Green Party MP Julie-Anne Genter, who thought it was great to see young people engage in vital policy and political issues.

The Next Generation Debates are an annual national debating tournament to encourage young people to debate New Zealand's policy challenges. New Zealand's leading think tank, The New Zealand Initiative, welcome an open exchange of views and ideas, and themselves conduct independent research on a wide range of policy issues. From education to economic policy, from poverty to housing, from local government to immigration, it injects new ideas into political and public debates.

To find out more about The New Zealand Initiative and their work, subscribe to their weekly newsletter or checkout their website: www.nzinitiative.org.nz.

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Please contact Louisa at Whittle Knight and Boatwood on 02102411315 or louisa@wkb.co.nz for viewings



## FRIENDLY NEW FACES AT THE PHARMACY

fter almost thirty years, UC Pharmacy has fresh owners, and they are looking forward to meeting you! I recently had the chance to talk to David and Lisa on their new venture.

## Welcome to UC! Tell us a little bit about yourselves:

We are a husband and wife team who have over twenty years' experience in pharmacies. Our latest role was setting up a new pharmacy in Spitfire Square by the Christchurch airport, and previous to that we lived in Ireland for nine years where we owned a Pharmacy in Cork City. We were both born in Christchurch, but spent seven years in Dunedin when David was studying for his Pharmacy degree at Otago University. We are avid wildlife photographers and travel as much as we can to find animals to photograph. David is the Pharmacist and Lisa is the Pharmacy Technician. Between us we have a wealth of experience and knowledge and will go out of our way to help people whatever the problem.

## What are some of the services the Pharmacy provides?

The Pharmacy provides prescription dispensing and can supply the medication your Doctor prescribes. We also stock a range of treatments not requiring a prescription (Emergency Contraception (Morning after pill), Thrush treatment, Trimethoprim antibiotic (for Urinary tract infection), Chloramphenicol (for conjunctivitis eye infection) which are Pharmacist

only medications so require a consultation with the Pharmacist. We have a range of over the counter medications from pain relief to hay fever to skin care, a gift section and a post centre. We take passport and ID photos and offer professional health advice.

## What can we expect from the pharmacy in the future?

We are looking to expand the ranges of products we stock and would love feedback from anyone on campus letting us know what products or brands they would like us to stock. We are a very friendly approachable couple who are all about providing solutions and not problems.

## If I'm worried about privacy when coming to the pharmacy - do you have any tips on how to combat any anxiety around privacy etc?

Both Lisa and I are very discrete and will treat everyone with compassion, professionalism and skill. We have a dedicated private consulting room in the Pharmacy which is available for any discussions the patients wish to have with us. We are always mindful of privacy and when people are anxious or embarrassed and will often invite people to use the consulting room or move to a quieter area of the Pharmacy to talk. Any customer is welcome to request we move to the consulting room to discuss their health or medication at any time.

UC Pharmacy is in Undercroft, and is open Monday to Thursday 8.30 -5pm and Friday 9-5pm.

Do you have any suggestions for UC Pharmacy? Let CANTA know -canta@canta.co.nz



Profiling the best clubs and events on campus



## DEAD END DERBY

Dead End Derby was founded in 2007. We currently have 50+ members which includes refs, nso's (non skating officials) and skaters. We have two teams; All Stars and Living Dead Rollers. Both teams have lots of fun and work really hard.

We are hoping we UC students will be interested in joining us as an official or skater! We have 3 current UC student skaters and 2 skaters that work on campus.

Roller Derby is a full contact sport, played on an oval track. Skaters wear quads and use their bums, hips and shoulders to block ("smash") other skaters. Points are scored by 'Jammers' whose goal it is to break through the opposing team's blockers.

If people are interested in watching Roller Derby they should come on down to Cowles Stadium on 30th of September to see our All Stars take on Northland. Food and alcohol available. We will have a code on event finder: CANTA for \$5 off tickets, or bring in a CANTA mag for \$5 off door.

If any UC students are keen to get involved, whether reffing or skating they can email chchdeadendderby@gmail.com or msg on the Facebook page. No skate experience required!



## SOAR PEER ADVISORS GROUP

Research is a bit like a puzzle, a puzzle which might reveal answers to fundamentally relevant questions for the betterment of the human condition. Some might say it is the search for truth about the existence of the universe explored through minute observation of tiny droplets, or even self-knowledge and wisdom. However, no matter what our motivation may be, more often than none-this puzzle raises more questions, and the answers are far and wide in between. We are the SOAR team, university of Canterbury's postgraduate peers advisory group, and we are here to stand by you- as you face your questions.

SOAR advisory team of PhD scholars are here to provide postgraduate students with confidential advice on any research related queries. We are the extra nudge of encouragement to make the research journey more

enjoyable and productive.

Ever engaged in this relentless quest for the "love of knowledge", the only thing that gets us through as research students is our own determination, and the occasional cheese cake. However, sometimes, all we need is a kind word, and a helping hand, and it becomes even more comforting if it comes from a friend, and a fellow traveller in the same journey. Eventually, the puzzle as daunting as it may be-feels solvable, that is where we come in.

As a fellow PhD scholar, who might have a bit more experience under our wings; in fieldwork; academic writing; social media; literature review, and even how to keep ourselves motivated in this often-lonely journey of research. We hail from varied facets of academic disciplinesfrom Freshwater Ecologist studying nutrient export and agricultural waterway rehabilitation; to researcher investigating computer graphics and image processing group. We work on international students' perspectives on factors influencing success or failure in university; social media and terrorism; how SMEs are able to survive and also thrive in the face of disasters; and even shark anthropology.

We are here; we are willing to help; we come from different part of the globe, speak different languages. We know how daunting research can be, but we stand united with our peers, Under the safe umbrella of the university of Canterbury. Come let's talk.

- Soar.







## MUSOC

MUSOC is well known around campus for their artsy collaborations around the university, as well as their awesome club spirit.

Run by an amazing team of exec, their biannual shows always stand out. Their most recent production was Spring Awakening, a tragic love story that follows the lives and sexualities of teenagers in Germany.

Spring Awakening was directed by Harriet Wise and Logan Pocock, with musical direction by Kimberley Wood.

To join MUSOC, and potentially be involved in their first show in 2018, join their MUSOC Active Members page on Facebook now!





## ISLAMIC AWARENESS WEEK

## 2nd - 6th of October

The University of Canterbury Muslim Student Association (UC MUSA) is a religious and social club. We aim to plan and run social, cultural, religious and educational activities on campus. For the past few years, the club has been holding inside events for Muslim students on campus. The current committee has been trying to organize more events that also aim for non-Muslim individuals to allow them to gain a better understanding of Islam.

Islamic Awareness Week (IAW) was the greatest event UC MUSA had held a few years ago, and we want to revive it again this year! Many sub-events will be taking place during the Islamic Awareness Week, which will be presented by UC Muslim students and staff. Moreover, there will be guests coming from overseas to better supplement the concepts and motives of Islam.

Events will Include:

- Halal101: a brief afternoon talk about what is halal food and what makes it special.
- Malice in Wonderland: a Storytelling of Prophet Moses by our guest Sr Maryam Sinclair.
- Hijab try-on booth: a chance to try on hijab and understand what it means to wear hijab.
- Arabic booth: get your name or anything written or translated in Arabic, and you can ask any questions about the language.

### Fb: UC Muslims Student Association Email: UCMUSA.CHCH@gmail.com

# HOW TO MAKE FRIENDS AS A HUMAN ADULT

s time progresses, and (in my opinion) the earth spins towards it's fiery end, the less were socializing with our bodies and brains and mouths. You know, like how we kinda did a while back? A 'while back' could really mean a year, or 20. You choose.

We arent really functioning like we did ten years ago. Actually, we aren't even interacting the same as we were three years ago.

Why go to a bar or club when your Bitmoji can drink a coffee and comically fall over on your Snapchat? Why would you try crack a joke off the cuff in a group of mates, when you can carefully craft a funny Instagram caption to post during peak gram time?

This generation is shaping up to be stacked full of meta, self-depreciating meme shit, with delivery subscriptions and binge worthy media, and chat groups within groups, month long chats littered with gifs and screenshots. No wonder theres no desire for you to leave your bedroom.

Life is filled with hot-desks and flexitime, and Echo 360 degrees and anonymous compliment pages and less and less with real people. People made of meat, and souls, and bad in-jokes and funny experiences. People with history and back stories and journeys.

It's less about making connections with people and more about making connections with Wi-Fi. Oooh. Deeeeeep.

The chances are 2017 will see you with less human bodies around you in real life. Is a Snapchat streak really a good indication of your best mates? What about a crappy Friendship Anniversary on Facebook? You know the answer is no. We have more friends in the cloud, less friends IRL.

Heres another instalment of How To: Student - its How to Make Friends As A Human Adult.



## Tip one: kill the voice!

You know the one; the voice telling you that you can't do that, you shouldnt have said this, etc etc. If you were a cartoon, itd be the devil on your shoulder.

It probably wakes you up at 3am with \*that\* memory that makes you want to D to the I E when you think about it (In the interest of full disclosure, my DIE memory is sitting on a mince pie in baby blue Dickies when I was 13).

Killing this gremlin / demon / brain fart will take some time, and some training, but luckily its not a real devil and its also not telling the truth.

Most of the time, we are not lacking for ideas on

how or where to meet new friends. We are missing that motivational vibe, and the self confidence to get started.

## Tip two: Drop the pretence.

You;re not cool. Stop trying to be cool. No one is cool (Exceptions: Lily Rose-Depp and Frances Bean Cobain. Holy shit, they are cool).

Those outwards signs of a crisp, cool exterior come off as frosty. Trust me, its too far.

What you think comes off as low key actually translates into I'm unapproachable.

Scale the fridge back from freezy to slightly chilled. Be decent to others. Use eye contact. Think of the things that mum told you to do when you were visiting relatives. Smile a little more. Smiling takes us out of our own brain, and makes us think more about the image were projecting out to the world.

The chances are that people will think youre insane are... slightly less than what you'd think.

## Tip three: Take the plunge into the unknown

This idea really covers a lot. It means step out and try something new. It means say hi to someone as you walk past them. Whats the worst that can happen, they stab you in the face? That probably wont happen on campus.

Try joining a UC club. There's a billion on campus and there's a chance you will find the weirdest, coolest subculture thats just your thing. Embrace that. This is the time its most acceptable to do that!

## Turn up alone. Go on, be brave. If we could do it in kindy, we can do it at UC!

Here's the motivation: you'll be in a room full of people, into stuff just like you.

Sport is another good avenue to investigate. UC Sport are awesome here on campus, and they're always keen to involve more of the university population in their activities. I know, its not for everyone, but theres a lot more out there for you to participate in than being on the Make sure you round off your newfound connections field. Take it from me. Im not part of the UCSAs office social soccer team, but I am happy to take oranges along for half time. GO SPORTS.

University of Canterbury is perfect to test all of this out. Its a concrete petrie dish of social interaction to conduct tests in.

If you were going to mosey up to a group of people at Undercroft and say hi, you'd have more luck than Westfield. I mean, if you want to be chased by Security then go for it. He might be your friend.



## Tip four: #teamcreep

Yeah I know, I bagged on social media earlier, but this is where we make it work in your favour. Get on Instagram. You're into vegan food? Find out where people are foraging in your area. Check out geotagged spots and hashtags and follow some peeps!

This is a very 2017 way of being a friend. Start off

with a follow, and maybe some comments, then work on some convo starters. You have to go easy on this one, it has the potential to be super weird. Tread carefully. We want friends, not restraining orders. Worst case scenario, you'll get to see where theres interesting stuff happening, and you can check it out for yourself.



## Tip five: The business end

like you imagine businessmen do. I dont mean drink top shelf whisky and go to a strip joint, I mean make sure you're leaving your deets with your new potential mate.

This is where you can ask their name again too - any time past this and youre screwed.

Going back to social media again; an Insta follow or Snapchat add is less intense than robotically screaming HERE IS MY CONTACT DIGITS. You're brave now though. You can judge the vibe yourself, maybe its a phone number add! Go wild. Do you know whats worked for me? Being genuinely excited about a newfound friend. When have you ever thought someone was a dick for saying theyre stoked to have met you, and they wanna hang out again? Okay maybe a couple of times, but seriously.... your success rate will climb. I promise.

Good luck. Don't forget - I'll be your friend!

**Bv Joshua Brosnahan** 



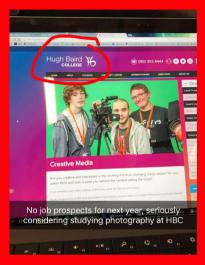


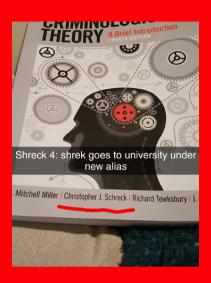




## Mention CANTA at MegaAir and get 33% off on weekdays!



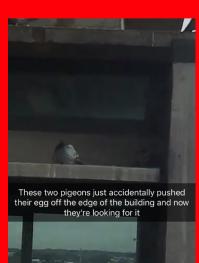
















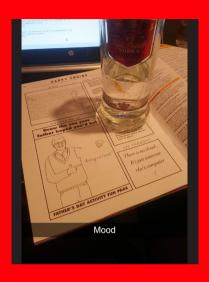


All snap-artists featured in this issue of CANTA win a double pass to MEGA AIR trampoline arena!

Contact canta.editor@canta.co.nz
BY THIS WEDNESDAY to claim your prize!

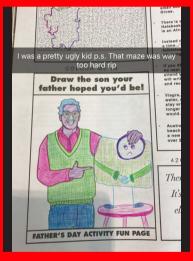
























We spend late nights drinking tea, eating almonds and raisins. Some are near and some are far, but we come together for the love of each other and experience unpleasant odours which float around the house.

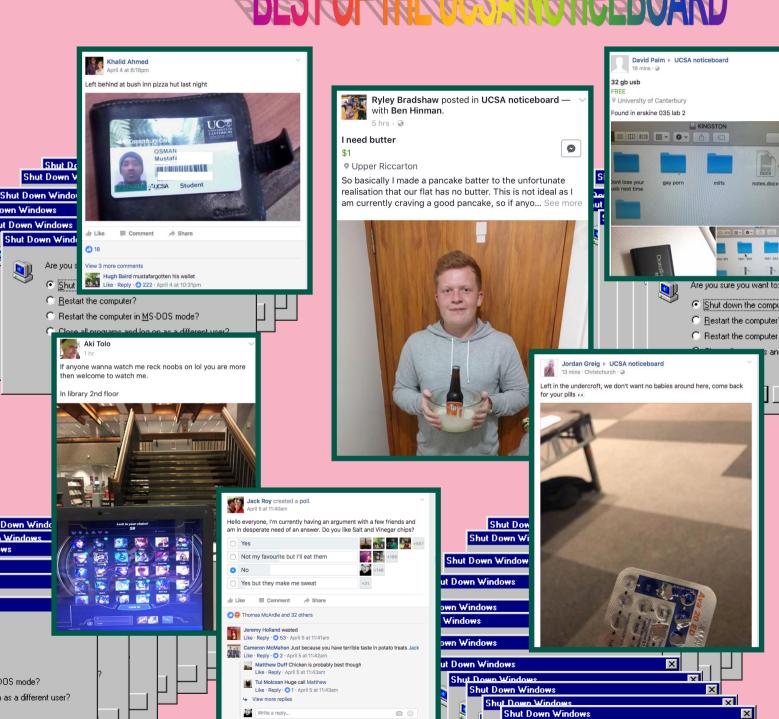
Both up and downstairs there is always plenty of fun to be had.



The Green House won some goodies from Harrington's! Wanna win YOUR flat something similar? Email CANTA@CANTA.CO.NZ telling us why your flats so bloody spectacular and you could be featured in FLAT FAMOUS!

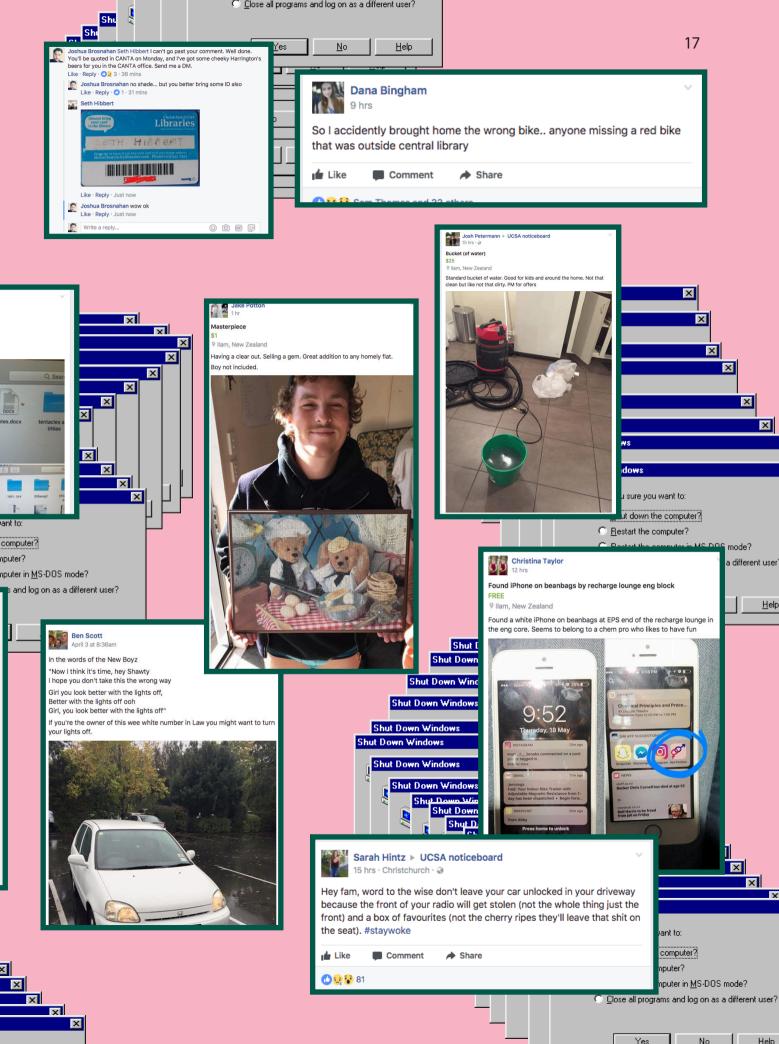






Shut Down Windows
Shut Down Windows

Shut Down Windows
Shut Down Windows



# FOOD BUYING TIPS FOR VEGETARIAN STUDENTS

CANTA and Peter from the Higher Taste Vegetarian Club on campus want you to live your best life! That means eating good stuff and not living on the bones of your butt. Here's Peter's tips on the cheapest and best places to buy food for vegans vegetarians and general students.

## **Supermarkets:**

The following have been recommended by Christchurch vegetarian and vegans for having a better than average range of vegetarian/vegan, organic and gluten free supplies:

 Bin Inn, stores around town at Lincoln Rd, Stanmore Rd and New Brighton. Great place to fill a bag with beans, cereals, spices etc., cooking oil, all household products.

They have granulated TVP (a vegan protein) which cooks in three minutes and is great to add to instant noodles for a more nutritious quick lunch. Locations and product detail here: http://www.bininn.co.nz/locations

- Fendalton New World 19-23 Memorial Ave
- Supervalue Cnr Clyde & Ilam Roads
- Halswell New World, 346 Halswell Rd
- St Martins New World, 92 Wilsons Road, Christchurch
- South City New World, South Centre Centre,
   Colombo St, Central City (vegan owners)
- Indian grocery stores for your spices, rice, beans, dahl, snacks etc, such as Yogijis (569 Colombo St, next to South City Mall), Gurujis (103 Gasson St), Spice Heaven (103 Stanmore Rd), Value Mart (227 Linwood Ave), SN Market (282 Colombo St).

### **Outdoor Weekend Markets:**

- Canterbury Farmers' Market (Saturdays 9am 1 pm)
   16 Kahu Road, Riccarton (close to UC) Local growers, farmers and artisan food producers sell their wares directly to consumers. A wide variety of products are available from pickles and preserves to, flowers, fresh bread and olive oil. Riccarton House & Bush.
- Opawa/St Martins Vegetarian Farmers' Market
   (Sundays 9am 12pm all year) 275 Fifield Tce, Beside the Opawaho river, between the Helios Medical Centre and the Rudolf Steiner School. A wide variety of local growers and producers selling organic vegetarian foodstuffs.
- Riccarton Market (Sunday 9am-2pm all year)
   Riccarton Racecourse, Riccarton Park, Racecourse
   Road. The biggest market of its kind in the South
   Island- over 300 vendors selling a wide variety of
   goods, from fresh organic/non organic fruits and
   vegetables to second hand goods, furniture, clothing,
   arts and crafts, food and beverages.

### Fruit and veges:

- Crazy Dave's, 227 Blenheim Rd. (head down Wharenui Rd. from Riccarton Rd near varsity) Cheapest fruit & veges in Christchurch. In the same shopping centre are Kosco and Sun Market for tofu, vegan dumplings etc.
- Veges Direct, 21 Mairehau Rd. Open 7 days (weekdays till 6pm, weekend till 5pm) Very cheap specials including one day specials (announced on their Facebook).
- Funky Pumpkin, 292 Colombo St, Sydenham.
- Raeward Fresh, Tower Junction Centre (down Clarence St from Riccarton). Good specials.
- The Green Grocer, 243 Stanmore Rd, Richmond: Good specials. They also have a stall the Riccarton Sunday Market, Riccarton Park Racecourse.
- Dan's Fresh Produce, 231 Stanmore Rd. Good specials, like 99 cent pumpkins!

## Tofu, dry and frozen vegan products:

- Buy direct from the factory at Tofu Man, 8b
   Birmingham Drive (down Matipo St & Wrights Rd from Riccarton Rd) Buy cheaper direct from the factory.
- Kosco Asian Supermarkets; Five stores around town. Best place for tofu and many vegetarian/vegan products at great prices. Closest to varsity is at 209A Waimairi Rd., Ilam and 92A Riccarton Rd.
- "Vegetarian World" Store, 180 C Yaldhurst Rd, past Church Corner and Villa Maria College, Henry's Bottle Store etc.. A large range of frozen and dry vegetarian / vegan products for easy meals at home and tinned beans, rice etc. DISCOUNT: Show your student ID card and get a 10% discount on most things in the shop (not rice or beans or anything already on special) if you spend between a couple of dollars to \$100. If you spend \$100 or more, Vivian will give you either a 20% discount or 20% of extra goods!

#### Organic Products: veges, beans etc.

- Wholefoods Market & Health Store, 52 Riccarton Rd.
   For fresh organic produce, chilled, frozen and dried vegetarian / vegan products, natural remedies, special dietary requirements etc. Open Mon. Sat.
- Pikos Wholefoods, corner of Kilmore & Barbadoes
   Streets, City. Best place for organic food and products.
   Pikos have nice vegan pies to buy hot or frozen to take home. Box of "No Eggs" is the best egg substitute for baking, pancakes etc. (one box = 60 eggs) Cheaper than real eggs & just as effective.
- Liberty Market: cnr. Moorhouse Ave. and Fitzgerald Ave. in the city. Organic foods market.

## **HIGHER TASTE VEGETARIAN CLUB:**

 - \$4 lunches, Tuesdays and Friday in term times at the Living Room (attached to UBS).



# Who gets to be ON TOP?

If you want 50 Shades of Grey with a brain, or just want to see two extremely good—looking actors go at each other, Venus in Fur is the play for you.

Writer and director Thomas is having trouble finding a leading lady for his stage adaptation of an erotic BDSM novel. Then Vanda arrives — uncouth and unprepared, but with an uncanny connection to the role. What starts as an audition turns into a hot and heavy game of dominance, desire, and control. Venus in Fur is a smart, sexy bit of theatre: perfect for a Tinder date, spicing up things with your significant other, or looking for worked—up singles at The Court's Bar after the show. Warning: don't sit next to your mum.

**OPENS 21 OCTOBER** 

# And We're live!

Haven't seen this yet? Get cooking! Hudson & Halls Live! is a laugh-fest the moment you walk into the theatre.
Teleported back to the 80s for a "live broadcast", you get to see two of NZ telly's favourite cooking show hosts in a disaster-filled, alcohol fuelled train wreck — and share in a great gay love story.





SEE VENUS IN FUR AND HUDSON & HALLS LIVE! AT THE COURT! BOOK AT COURTTHEATRE.ORG.NZ



# Thursdays in black.

ou might have noticed a new stall popping up in key locations around campus every Thursday. Thursdays in Black (#TIB) is a national student/whānau movement towards a world without rape and violence. We'll be on campus every Thursday during term, from 11am to 1pm.\ Come along to collect resources. have a chat, drink coffee and if you

are so inclined...sign up to join the movement!

We also encourage students, staff. and people everywhere to wear black on Thursdays as a way to show that you support the mahi of Thursdays in Black, and stand in solidarity with survivors.

UC takes the issue of sexual assault and supporting victims of sexual assault seriously. If you need support

or advice UC Health and Student Care are here to help. There are a number of sexual assault support services in the community that can provide specialist help for victims of sexual assault - links are on the website.

And if you haven't seen it already, google 'Tea and Consent' to watch the video.

#### Who can be a victim of sexual violence?

Anyone can be a victim of sexual violence, including rape. Thursdays in Black understands that the laws around rape fall short in many ways.

Most notably it invalidates the experiences of trans communities and gueer communities, by assuming that people of certain genders have certain genitals and that rape cannot occur between people of the same gender.

Thursdays in Black will support any victim regardless of their gender or the gender of the person who assaulted them. This is why we are not using the legal definition of rape, but a definition supported by the sexual violence sector and by victims/survivors themselves.

#### Who is Thursdays in Black for?

Thursdays in Black campaigns for safety for every student (and every person!) regardless of their gender identity, gender expression, ethnicity, race, sexuality, religion, or ability.

We are aware that many groups of people are overrepresented in sexual violence statistics and yet find it even harder to access support. We are firmly committed to consulting with our most vulnerable communities and hearing what we can do to make student communities safer for them.

We want to support the implementation of a range of solutions that can specifically cater for the varied identities and cultural contexts victims and survivors are coming from.

We are not all the same, and our experiences of sexual violence are not all the same, so our support services can't all be the same either!



### Does awareness raising really make a difference?

Yes! We believe that because sexual violence is so stigmatised in our society, victims/survivors experience very real pressure to stay quiet about their experiences. This inherently supports perpetrators who prey on vulnerability. Talking about these hugely important social issues, which we have been taught to individualise and personalise only, can be radical work that really benefits survivors!

However, it won't be enough on its own. Our 5 Areas of Intervention discuss what we think the institutional issues are in the way of prevention and response to sexual violence in student communities. We need to raise awareness, destigmatize the experience of being a victim/survivor, and then ensure systems are in place to actually support those survivors.



# Our areas of intervention

#### **ACCOUNTABILITY**

Thursdays in Black campaigns towards a climate of accountability regarding sexual violence in tertiary environments. This includes tertiary providers keeping, and making publicly available, sexual victimisation disclosure stats on their campuses. We see this as addressing the culture of silence. We want this data to be used in measuring an institution's position on a national Best Practice Standard (BPS). Created via consultation with the sexual violence sector, the BPS will include a series of measures we can use to assess where the strengths and weaknesses lie on different campuses, informing the work of the institution on improving their position. How institutions fare with the BPS should be publically available information.

#### RESEARCH

Thursdays in Black wish to see national data on the nature and prevalence of sexual violence on campus and in tertiary environments. We acknowledge the importance of research being conducted with particular focuses for vulnerable communities. This would allow us to identify the patterns of harmful sexual behaviour in student communities, informing our priorities as the campaign develops. We demand that this research experiences absolutely no suppression from the institutions themselves. Thursdays in Black actively supports all students, staff and faculties in conducting this research.

#### POLICY

Thursdays in Black campaigns for a comprehensive review of existing legislation at various institutions. This would include definitions of sexual violence and sexual harassment, and the processes for making complaints in regards to incidents or unsafe practices. This would require that all policies are fully supportive of victims and allows for anonymity when required or requested by the victim/survivor/complainant.

We will also campaign for awareness and action about the inadequacy of current New Zealand law, particularly in regards to the heteronormative and cisnormative definition of 'rape'.

#### **EDUCATION & CONVERSATION**

Thursdays in Black campaigns for workshops, lectures and focus groups to be held with students of all year levels, regularly throughout the year. These focus groups would offer a range of discussions on defining sexual violence; its prevalence and nature in our communities; danger signs of unhealthy or abusive relationships, particularly those that are romantic and/or sexual; consent; and bystander intervention. Having difficult, even taboo, material brought to the students in an accessible manner in their own environments helps individual students to feel strong in their right to not be assaulted and their knowledge of what that truly means. It also helps perpetrators to understand when they have engaged in dangerous or inappropriate behaviour.

This must also be supported by education on gender and sexuality, to address the particular ways in which our

LGBTQIA communities are experiencing sexual violence and gendered discrimination. The culture that encourages sexual violence is particularly informed by negative, misinformed attitudes about gender and gender identity and so this would be a vital part in making our campuses safer for these communities. The nature and delivery of this education would be designed in close partnership with organisations who specialise in LGBTQIA advocacy and support.

#### TRAINING & EVALUATION

Thursdays in Black campaigns for the establishment of standardised, compulsory training for Residential Assistants (RA) in student accommodation, due to the particular nature of their domestic, caretaking role in the lives of students. This training will focus on negotiating consent, healthy relationships, and defining sexual violence. Student advocates, counsellors, and any other positions of support on campuses should also be required to complete this training.

Where sexual violence, relationships, and consent education and training already exists in tertiary settings, Thursdays in Black will evaluate its comprehensiveness and effectiveness as informed by the sexual violence sector.

We also want to see greater understanding and compassion for the experiences of students with diverse genders and sexualities. Student leaders, student advocates, RAs, and counsellors need to be trustworthy, approachable and safe for people of these communities.

Sexual violence is any unwanted physical or sexual behaviour, comments of harassment (including threats) perpetrated by another person regardless of their relationship to you - eg. friend, stranger, lover, tutor, lecturer, employer, colleague, family member, flatmate.

\*Any adult can commit sexual violence against anyone else. It is still violence if you are married or in a comitted relationship.

\*You never owe anybody sex. There is nothing anybody could do for you which meant you have to consent to sex.

\*You're allowed to change your mind who you have sex or what you want to do. You can change your mind during sex too, and your partner should always listen to you and stop.

\*It's not ok for others to pressure you into sex. It's not ok for others to guilt trip you into having sex with them or doing certain things during sex.

\*You deserve not to be assaulted. You deserve to be safe whether you are awake or asleep, wasted or sober, at home or out.

\*It's not ok for people to make you feel like you aren't in charge of your own body.

\*It's not ok for people to make you feel like being assualted was your fault.





The UC Film Club put in the hours watching classic 'must watch films' so that you can pretend you are cultured.

### Movie details:

The Mask (1994)

## Why should I pretend I've seen this film?

If you have been pursued by the fashion police for your weird fashion choices, have had the penchant for being a lewd asshole and have enjoyed a considerable amount of notoriety for decorating yourself with ghastly facial makeup, then you probably posess the same mask Jim Carrey did in the film.

## One sentence sum up of the plot:

A loser comes across a magical mask, puts it on and conquers the world with his bizarrely addictive chutzpah.

### What makes this film a classic:

If you have wanted to unleash your idiosyncrasies in the most brutal ways possible, get inspired by The Mask. It is perhaps one of the most shamelessly funny superhero films Ive seen in the 26 years of my lifetime. It is bold, it is audacious, it is unassumingly humorous and relentlessly glamorous. Oh... and how can you ignore the green face and the yellow suit. The yellow suit is a piece of apparel I have always wanted to posses. If there is one character before Deadpool that exudes sexy insanity and knows the art and craft of giving no fucks and has won so many hearts, it is The Mask.

## Give us some facts about this movie I can impress someone with:

This film was meant to be a horror film but the director somehow convinced the studio that produced the film to allow him to make a comedy . And it worked wonders at the boxoffice. Although, it would have been pretty interesting to see Jim Carrey tackle the horror genre. Nobody else could have played this role the way Jim Carrey did.



I feel Jim Carrey should patent this character so that nobody is allowed to play this role. Most of the lunatic dancing in this film that The Mask resorts to, have been choreographed by Mr. Carrey himself. 1994 was a stupendous year for Jim. Along with The Mask, two other classic Jim Carrey films had released that year. They are the ludicrous Ace Ventura: Pet Detective and the utterly hilarious Dumb and Dumber. Ace Ventura made him a star while The Mask cemented that stardom and brought him critical acclaim.



My favourite word in this film: "SSSSSSMOKINNN" A very precious word that describes how hot this film is.

### By Reo Roy



## THE GC THROWBACK PARTY

WITH HEADLINE ACT



# DANE RUMBLE

# 14<sub>TH</sub> OCTOBER THE FOUNDRY

TICKETS VIA FB - \$15 GC MEMBERS, \$20 STUDENTS

# Make your career a HIT





As NZ and international business moves to a more design-centred future, there is increasing demand for skills in Human Interface Technology. Both the design industry and the government have acknowledged this demand. The Master of Human Interface Technology (MHIT) programme aims to improve interactive technology to meet users' needs.

The programme offers students direct engagement with industry through projects and scholarships. Study in the field incorporates a diverse range of topic areas including user-centered design,

the development of new interface devices and technologies, evaluating these technologies within the application context, and studying the broader impact of interface technology on human behaviour and society.

Some application areas for Human Interface Technology include:

- Virtual and Augmented Reality
- Human-Robot Interaction
- Medicine and Rehabilitation
- Remote Collaboration

The Master's degree is open to students from a variety of backgrounds. Two courses and a thesis are completed full-time over one year. The courses and the thesis are offered in parallel and the programme starts in February.





'The HIT Lab is all about using technology to help people'.

#### Jonathan O'Duffy

Master of Human Interface Technology Indie Video Game Developer, Temper Tantrum

To find out more visit www.hitlabnz.org/index.php/education/masters/



# THE RDU

GIG GUIDE





# THE BLACK SEEDS

FRI 29™ SEP

**Location:** 

Bedford Bigtop

Tickets: Cosmic



## CHAOS IN THE CBD

THU 5™ SEP

**Location:** 

Space Academy

Tickets:

The Ticket Fairy



## SUBTLE SYSTEM

SAT 7TH SEP

**Location:** 

Dim 7th

**Tickets:** 

Cosmic



## RHYTHM AND ALPS

FRI 29th DEC

**Location:** 

Cadrona Valley

Tickets:

rhythmandalps.co.nz





Hey TuneSoc followers! The Acoustic Competition is coming to a Foundry near you on 4 October. Not to mention Lake Day with CUBA on 30 September—always a good time. For all of the deets check out our Facebook page. TuneSoc xo.

(P.S. we're on the look out for exec members for 2018 - if this sounds like you, get in touch!)

## SONS OF ZION

Friday 15 September, Winnie Bagoes



#### 5 things I liked about Sons of Zion

A guys walks in to a bar and writes a concert review...

"Sons of Zion are like One Direction" the bartender said as I purchased two Jam Donuts and a Supercharger from the human tap they call a bartender.

"What makes a concert like a One Direction concert?" I thought. I have no idea, i've never been to one of their concerts. Assuming this guy knew what he was talking about, it's time to recall the really exciting parts of Sons of Zion that stand up as tall as kiwis can, to the late, great, pop superstars of One Direction.

Great voices, check. And you know when the biggest

guy in the band is about to sing, he's gonna sound amazing. The whole team played perfect guitar riffs, jazzy keyboard layers and I've got to mention the big guy again, he absolutely nailed his leading of the chorus, "Sober", a recent success in the singles charts for the Auckland based quintet. Great talent is the second thing I frothed.

Atmosphere, they had a lights show that was light years ahead of the Craic karaoke nights. And the quality of the sound carried throughout the grid shaped venue of Winnie Bagoes in the city. The crowd was the fourth frothy part. People dancing and singing along everywhere, the whole place was packed and there were happy faces which is sometimes all you need to have a good time yourself.

Finally, One Direction would be jealous for the moment that made the night. Sons of Zion united the crowd with a beautiful acapella chorus of a Māori Waiata I didn't catch the name of, but everyone was standing together and singing, and I think that moment sums up what I liked most about Sons of Zion.

### **By Asher Olliver**



## SAME NAME CONFUSION



Same Name Confusion are a duo/band from Christchurch made up of fourth year eng students.

I went along to their small single release at Rountree to see what they were about, and was thoroughly impressed. Their set up was the epitome of vibe, rugs everywhere and people seemed to be having a solid time. After hearing their new single 'How'd You Get So Cool' I was pretty refreshed. It was nice hearing a local band not sounding the exact same as Sticky Fingers for the first time in forever!

Having some pretty lit vocals and some awesome drum fills, this is a band to look out for in the future for sure!

They're playing a gig at Dunedin's ReFuel on Wednesday the 27th, look out for these guys; safe to say they're the next big thing!

### By Wajd El-Matary





Letter To My First Year Self is a new feature in CANTA where you get the chance to impart some wisdom on your younger, maybe dumber self. Do you want to write a letter to your first-year self?

Contact canta.editor@gmail.com

Letter To My First Year Self Joshua: B.Tch.Ln

Hey Joshua. Yes, Joshua, as in you. I'm here to talk to you about your studies at UC. I'll get to your current hairstyle later.

It's your first week at uni. This happened fast. My first advice to you is to go to the Student Services right now and withdraw.

Yep. Drop out.

This is not for you. Not right now, anyway. You need a couple more years. I'm not saying you won't further your education, but you know that niggling feeling in the back of your mind? The one that makes you feel as though you might be doing the wrong thing? Listen to it.

Train in what you want to do. Don't be a teacher because everyone tells you you'll be good at it. Do what you think you'll be good at. Train in what interests you. Not what will land you an "okay job". You'll not use this degree whatsoever. Blah.

Your daughter is starting school and you have always tried to overcompensate for being a young dad. Chill out. She's fine. Just watch High School Musical with her and enjoy being a dad. P.S – she's an absolute force to be reckoned with, and has more brains than you could fathom. Good job, Joshua.

Speaking of brains, you will use your brain eventually. Just remember that wearing a degree as a badge of honour isn't worth it, if you aren't happy.

Oh also! Get online. Buy up large on bitcoin. Use your course related costs on them. Shut up, don't question it. It's a thing. I'm serious. DON'T TOUCH THEM until 2016 at least. Last thing: that hair doesn't make you look like you're in Panic! At The Disco. It's more Anxiety! At The RSA.

Eat more leafy greens, 2017 Joshua

MODERATE impact



Canterbury Card

Student

Joshua 11274704

LUCSA



IF YOU ARE IN THE PHOTOS BELOW
TURN UP AT THE FOUNDRY ON TUESDAY

AT 6:30PM WITH YOUR COPY OF CANTA



TUESDAY - SATURDAY 2PM - LATE IF YOU'RE FIRST YOU WIN A

\$50 VOUCHER









# ENTRE



### Who are we?

We are two poor students and a high school drop-out who decided to spend our student

loans on starting a vege business.

Will, who only got NCEA Level 2, is self employed as a tech man (he does something fancy and hard to explain). He was invited to NASA Space Camp, so he must be kinda bright. We don't really know what he gets up to in his office, but he accidentally signed up to Pornhub Premium on the company card

Keegan (or Captain Cucumber to his friends) is a former greengrocer and future cult leader. He believes fruit and vegetables have real healing properties and wishes that the Government would pull finger and start banana plantations in the Waikato.

Tim is around because he has a drivers license so he can go get maccas for the other two when they're hungry. He has a personal passion for nihilism and delivering your vegetables in a prompt manner.

#### What are we?

The basic gist of Take a Bite is that we reckon you should be able to eat fresh fruit and vege every day. Supermarkets rip you off by charging way too much for these delectable items, so we have decided to stick it to the man and undercut them. We guarantee that a weekly shop with us will be cheaper than going to the supermarket, and the best part is that it's delivered straight to your

We support local growers where possible (hit us up if you have a herb garden that isn't just weed), and source the remaining goods from the wholesalers Turners and Growers. All of our products are of high quality because they are checked by Keegan, who uses his Greengrocer knowledge to ensure you don't get any crap.

#### How do we work?

We have two options-

The first is a fully customisable order. where you go on our website (www. takeabite.co.nz) and select exactly what produce you want, how much you want, and where you want it delivered. We'll get it to you before 24 hours have passed. Any order over \$20 has free delivery, otherwise it's \$3.99 for the pleasure of seeing Tim. If we don't get it to you in time, you are welcome to write us a strongly worded email and send it to

junk@takeabite.co.nz. Alternatively, just smack Tim.

The second option is our Take a Box, where you pay \$20 and get a box with the freshest, seasonal produce handpicked by Keegan. This'll be what's looking best in the morning, so you can never go wrong with this option. One day it might be a mix of stir fry veges, the next a beautiful smorgasbord of fruits. Depends what tickles Keegan's fancy.

#### How do you order?

Head onto our website at www.takeabite.co.nz and set up an account, place your order, and eagerly wait with anticipation for Tim to deliver your produce.

What makes Take a Bite the best opportunity students have ever had?

Let's cut the crap. We want to make money, you're poor and want to save money while eating healthy. We can help each other out here. Order from us and with your first order we will shout you a tax-exempt gift avocado (so you can have smashed avo and still buy a house).



# PRENEURS

## THE MONTHLY CO.



## Tell me a bit about your venture The Monthly Co?

The Monthly Co. is a new social enterprise which aims to provide a service for the delivery of 100% Organic tampons to-your-door, with every purchase resulting in a donation to at-risk women. But we can only make our service a reality if we can meet our crowdfunding target on PledgeMe by October 10th.

#### What's a social enterprise?

The Ākina Foundation defines a social enterprise as providing a 'means to improve social wellbeing, environmental sustainability, and economic performance in Aotearoa New Zealand'. Here at The Monthly Co., we are purpose-driven to have a strong positive environmental and social impact through our ethical and sustainable business model and women supporting women pledge.

## You're both current UC Students, how did you start things?

We entered the Entre \$85k Start-up Challenge and have made it into the Top 11 - Entre and the UC Centre for Entrepreneurship have provided us with invaluable advice and support.

#### So how does it work?

The Monthly Co. operates using a subscription model. Think 'Dollar Shave Club" but for tampons. You can preorder a subscription on our PledgeMe for a length of 3 months, 6 months or a year, or try out our service with a 1 month trial for just \$9 - delivered to any address in New Zealand. And for every order we send out, we donate a box of tampons to women in need.

#### Organic?

The Monthly Co. tampons are 100% organic. When we started researching into the topic we discovered that synthetic or nonorganic cotton tampons commonly found in supermarkets contain a number of chemicals and have a huge environmental impact. Our organic tampons are free of chemicals and 100% biodegradable.

#### You donate tampons too?

Yes helping restore dignity to women in New Zealand who have limited access to safe feminine hygiene is a core part of our mission. This is because every day across New Zealand, there is a growing group of women and girls who do not have safe and affordable access to sanitary items are turning to unhygienic alternatives or missing school/work as a result.

### Where do the donated tampons go?

We've partnered with Aviva (formerly the Christchurch Women's Refuge). Aviva help individuals and families to become - and stay - free of violence. Aviva currently receive donations of food and clothing from members of the public, but often people forget to donate hygiene products such as tampons,

so for every order we send out, we will donate a box of tampons to Aviva who will distribute them to women in need. We're working to bring on new charitable partners across the country.

## Tell me a bit about your PledgeMe campaign?

We're on PledgeMe to help us make The Monthly Co. a reality! We're preselling our subscriptions so we can order our first shipment of organic tampons from Europe. We're also offering a number of other awards to help us reach our target, with some targeting the 'non-tampon' users out there - we've partnered with Fix & Fogg Peanut Butter, Mystery Creek Ceramics, The Print Room, Cakes by Anna, Little Yellow Bird and Noble & Savage Tea. Our goal is to raise \$15,000 - so far we have raised \$3500. We can only make The Monthly Co. a reality with the support of our generous pledgers.

## Any message you want to send to UC Students?

We'd absolutely love the support of the UC Community to get our social enterprise off the ground. Head to our PledgeMe campaign and check out the awesome rewards we've got on offer, there is something for everyone!

You can find out more information about The Monthly Co. on their PledgeMe Campaign, website: www.themonthly.co.nz, Facebook or Instagram: The Monthly Co.

Contact Details: Co-founders Isabelle Smith and Josie Milton (email: hello@themonthly.co.nz)

## CANTA COLUMNS

Submit your column to canta.editor@gmail.com

## Dept. of Spiritual Engineering

## THE THREE LEGGED CAT

remember visiting the SPCA a few years ago to choose a kitten. It was a big moment of commitment - and I was excited to finally find my furry soul mate. Walking into the communal cat pen I was overwhelmed by the variety of furballs attempting to win my affection. But clinging to the wire door was a giant ginger cat, screeching a blood curdling "rreeeaaoowwll". He'd just had one of his back legs amputated and looked horrible. I quickly choose the cute 4 legged kitten I liked the look of and tried to leave the pen without seeing too much detail of his stump. "Who would ever take that guy home?" I said to the SPCA carer. "Yeah" she replied. "His chances aren't great."

Have you ever made a big decision that went against the logical thing to do, but seemed like the right thing to do? Like taking a job that pays less and involves working with hard people, rather than the one which pays more, requires less hours, is respected by your friends, and is pretty cushy. Or like taking home a three-legged cat, rather than the cuddly ball

of fur you'd always dreamed of.

Well a few months back I was sitting in The Undercroft chatting to a student who declared to me at volume "Spanky, I just think sticking to your convictions is the most important thing!"

I wanted to see if this was just some high-horse smack talk, or if she really meant it. "I totally agree... So tell me about one of your convictions?"

She had a sudden look of panic in her eyes. "Gosh... Ahhh... Let me think... I just have so many of them is all." I smelt blood. "Oh, I don't need to hear all of them. Just tell me about one. Any of your long list of convictions will do me just fine!" Her face had that 'I've been caught' look that con artists give Campbell Live when they've finally been cornered. I'd called her bluff, and we both knew it. After an awkward silence she finally mumbled "I think I"II have to get back to you on that."

James Freeman Clarke famously said, "Strong convictions precede great actions." In many parts of the world students are laying down their lives to fight against various forms of oppression and to fight for liberty. Things they believe in so much, they're even willing to die for.

Now don't get me wrong! I meet plenty of UC students passionate about making a better world. But all of us can lose perspective on what is conviction worthy from time to time. And if all we fight for while at Uni is the human right to access cheap beer and \$2 fried rice, perhaps we need to get out more?

Without some sort of conviction people tend to just make the easy choices, rather than the right ones. So ask yourself: what are your deep convictions? What do you believe in so much that your willing to risk your life to stand up for it? And why would you ever choose a yowling three legged cat over a four legged fluff ball of delight?

### Rev Spanky Moore Uni Chaplain spanky.moore@canterbury.ac.nz





## THE F-WORD

First things first: Have you voted yet? If not please do go vote!!In this episode we discuss a question we very often come across.

#### What is intersectional feminism?

Briefly, intersectional feminism acknowledges that women's experiences are not uniform. The second wave feminist movement of the 60s and 70s viewed female oppression under patriarchy as universal. This view however, was critiqued by many, including black feminists in the USA. Kimberle Crenshaw, who coined the term intersectionality in 1989, highlighted the fact that that neither the feminist movement nor the anti-racist movement addressed the experiences of black women. Black women, being at the intersection of two marginal identities (by virtue of their gender and race) faced challenges were not represented by the feminist movement which was dominated by middle class white women, nor the anti-racist movement dominated by black men.

Intersectional feminism acknowledges the challenges people face as a result of the interplay of factors such as gender, economic class, religion, ethnicity, sexual orientation, ability etc. For instance, the challenges faced by a working class Pasifika transwoman in New Zealand will not be the same as a middle class white woman. Intersectional feminism acknowledges these differences and strives to be inclusive of the diverse identities and ensuing challenges that many are subject to.

## CANTA COLUMNS

Submit your column to canta.editor@gmail.com

## RESIGNATION AT O CANTERBURY

Over the past two weeks, the resignation of Q Canterbury's President, Max Farra, has brought national attention to the University in the press. With this comes an opportune discussion in respect for difference of opinion and free speech on Campus.

Q Canterbury has been committed to representing and supporting the Gay Community. This has been at both UC and in the wider Canterbury area. Tolerance, Support and Acceptance are natural cornerstone principles to be expected from such a society; Q Canterbury have supported numerous events to advance the cause for Gay Rights. Over the past three weeks however, the club has found itself in heated controversy. With a divide forming between several club members and its former president, Max Farra, who has recently resigned. The resignation stemmed from a Facebook post on September 12, Farra, was quoted pledging personal support for the National Party. The post in question was launched on the Young Nats Facebook page, where Farra was interviewed about his own personal story, his involvement with UC Arts and Q Canterbury among other things.

Max Farra was quoted by the Young Nats: "As a LGBT Person, voting National is breaking a stereotype. I'm proud to be an 'Out' Nat".

The online response against the former President's post was swift, with negative responses from several of the club's members. Notably were comments questioning his commitment to the gay community, allegations that his actions broke electoral law and confronting questions on his personal character. Respectively. on the other side, several members claimed they found the post deeply troubling, one member commenting they were 'extremely uncomfortable' by Max's endorsement. This climaxed with demands for his resignation, one member suggesting that "perhaps the best way to distance the club from the endorsement would be for him to

resign."This was agreed on by several other club members- on a private Facebook group.

The response brought about justified concerns. Most notably was the question of whether Farra had a right to communicate online in the manner that he did. Furthermore are allegations that Farra abused his position and the Q Canterbury name. It has been an accusation contended by several club members.

Despite the severity of the accusations faced, and in response to questions on whether it was appropriate to include his position on the post, Farra responded: "Holding the office of Q Canterbury President makes my statement by no means an endorsement from the club, it is just an additional facet to my life...if the Warehouse CEO showed support for National, to believe the whole Warehouse group supported the Nats would be misguided. I acted as an individual and believe I am free to advertise my support for any cause without that support being objectively linked to any organisation".

Whilst the club's constitution makes no explicit mention of political affiliations, it does outline the control of social media pages labelled under the organisation's official name; "The Marketing Manager is responsible for running the social media accounts of QC associated with the name... The social media platformsusing the QC name shall be determined by the Committee... All posts made on these [social media] accounts must be in line with the philosophy of the Club and made in the knowledge that they are representative of QC". (Q Canterbury Constitution)

It is unclear that this covers social media outside of Q Canterbury's control. It is confirmed that no posts came from an official Q Canterbury account containing the endorsement, (the post coming via the Young Nats). According to the club's above rule, it could be construed that this is largely an external matter largely outside Q Canterbury control. Had the post been made by Farra on a Q Canterbury account, it would have been certain to breach rules in the above outline. However, despite no technical breach of club rules, Farra may have avoided

escalation by informing his club prior.
A gesture of courtesy could have
minimized the issue.

Would the response have been different if Farra endorsed a Left-Wing party?

Regardless of the politics, this is a missed opportunity to give support for tolerance and free speech, principles one would naturally associate with a club like Q Canterbury. There have been several incidents involving censorship of free speech across academic institutions globally, the most prominent being the Berkeley Riots in the US. Only in August, the University of Auckland had its own controversy upon the abolition of a Pro-Life group, sparking calls against censorship. In light of Farra's resignation, we now face the issue at UC. With Farra within his electoral rights and club constitution, the negative reception received and resulting resignation should never have eventuated. Farra's early resignation, instead of engaging with members in a meeting, was additionally disappointing. What is most regrettable however, was the reaction of several Q Canterbury members over a simple difference in opinion. Throughout this year's election, the importance of young people having their say and becoming politically involved has been a strongly pressed message. It appears this message has not sunk in, with a vocal group confronted and offended by an online post, demanding censorship at the first opportunity presented. At the most important time, personal enmity and political disagreement has cast a wedge, despite no rules preventing Farra from expressing an opinion as an individual. This was compounded by an ignorance of the rules, or a deliberate choice to ignore them. The breakdown in affairs prompted a jump before an inevitable push. Freedom of speech and opinion has ultimately paid the price.





## ON CLOSETS AND OTHER **NCOMFORTABLE PLACES**

Humanity is by nature varied, so there are very few universal experiences, but this edition of Queertiquette we're tackling the one thing all LGBT go through at some point: coming out of the closet. Who you're 'out' to, how coming out went for you, these are all individual and personal, but whether you tiptoed out or kicked the door down, if you're not cishet, you've been there.

## WHO PUT THAT CLOSET THERE?

The first thing I want to assure anyone who hasn't been in the closet is that it's not a pleasant place to be! Every second you're in there everyone around you is assuming something false about you, and you feel like you're living a falsehood - even that you're lying (you're not). But the thing is, the closet wasn't some cunning plan the LGBT community came up with to trick everybody else, it's a social construct that's been created by the societal realities of heteronormativity and cisnormativity, or in layman's terms, the fact that you generally assume everyone you interact with is straight and cis. The only reason we have a closet to come out of in the first place is that these assumptions put it there.

## THE ETERNAL CLOSET

Unfortunately, just because you correct one person's assumption that you're not cishet, doesn't mean you correct everybody! Which means that when you decide to come out, it's less of a step out of the closet than a hike that never really ends, the closet door staying one step in front of you every time you meet someone new. This also means that every time you meet new people, you're considering whether it's worth it to take that step yet again, and how they might react: whether they'll be chill or if they'll starting frothing something about adam and eve and you being "biologically wrong".

## DON'T BE A MOUTH BREATHER

On that note, LGBT people have been deciding when and when not to come out the whole time we've been LGBT so we don't need you to do it for us! Outing your friends to other people without their permission is generally a Terrible Idea, and not only is it bad etiquette, it's potentially unsafe. Especially don't introduce your friend as "my [gay/trans/ bisexual] friend", because the only thing that introduction is good for is making your friend feel uncomfortable and tokenised. True story, one time I was invited to a party of almost entirely people I didn't know because someone wanted to invite "that lesbian girl", and I still haven't quite stopped cringing.

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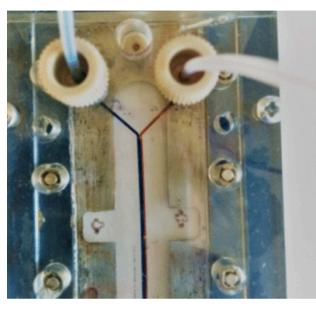
\*Subject to CUAP approval due

UC Masters and PhD scholarship applications close 15 October 2017.

For more information: engpgdegreeadvice@canterbury.ac.nz www.canterbury.ac.nz/engineering



# UC PGSA RESEARCH SPOTLIGHT





## FIGHTING CANCER WITH MICRO-PLUMBING

t is a sad and unfortunate fact that almost everyone reading this will have known personally someone effected by cancer. More ominously, if you don't, chances are you will. One of the primary differences between a healthy cell, and a cancerous one, is how they consume and react to oxygen in the environment around them.

Scientists and researchers call this 'Hypoxia'; essentially a cancer cell grows and multiplies so quickly that the core of the cell ends up being deprived of oxygen.

This becomes key when assessing how good a particular drug is at treating cancer, to truly assess the ability of a drug to fight cancer, we need to mimic the conditions it would be working in inside the body. In practice, that is quite difficult because of turbulence. When a liquid moves through a pipe, the friction at the walls keeps the liquid next to it flowing in a straight line, however the liquid in the center of the pipe doesn't have the wall to keep it in line, so it swirls and spirals in the same way you see in a river.

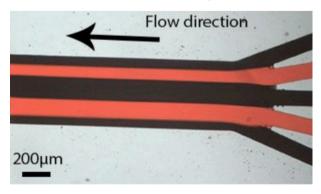
So how do you fix this? Move the walls closer together, and eventually, if you put then close enough

together, there's no room for the water to swirl around at all and you get perfect order in the channel.

Louise is building a system to do just this! Louise is able to use tiny channels less than a millimetre in width to be able to place distinct oxygen concentrations on top of cancer cells which have been pre grown in a sheet.

In the picture below, there are no walls between the different colours, the shape of the channel is enough to keep them separate. In the Louises' system, each of those colours represents a different oxygen level, cancer cells on the base of the channel are then exposed to only the oxygen above them, and all the other conditions are held the same.

This provides an important puzzle piece to assess how cancer cells respond to the drugs.



## ENSOC PROFESSIONAL AND INDUSTRY EVENTS

NSOC has 23 hard working student volunteers who strive to make the UC student experience more than just the theory learning in class. This year we have been working hard to provide our members with academic support so that everyone can make the most of their time at UC. ENGEO sponsors weekly Intermediate Year Tutorials that are set to begin again in term 4, where the committee offers academic support, free pizza and advice on how to make the most of your engineering degree.

Our biannual study suppers have been running each night during study week in the Engineering Core. We offer free brain food, sweet treats and hot drinks to help student's power through the evening study shift.

This term we hosted the yearly Engineering Challenge sponsored by the New Zealand Defense Force. Teams were tasked with building a contraption that lifted eggs over a barrier with limited resources and only the tools that were provided to them. The winning team managed to lift all 26 eggs over the barrier in a time of 36 seconds! A massive effort – congratulations to the Balgay Queens (pictured below).



ENSOC relies on various partners and sponsors throughout the year to assist in the running of society. A wide range of companies that include businesses outside of traditional engineering fields will offer support to the club over the course of the year. Our sponsors are very keen on the members of ENSOC and each of them offers something unique, this diversity adds to our strength as a club. We have been able to build some very successful relationships over the years and ENSOC members make up a large number of graduates recruited by our sponsors. This year we have had a range of recruitment events, from the ENGCO brewery tour to the Beca help sessions.

The society exists to serve and support its members and we know our greatest strength as a club is our large number of high calibre students. UC engineering students are in high demand so if you think you are struggling to find any openings for either a graduate job or a summer placement get in contact and we can help to point you in the right direction. We think it is beneficial to get involved with the committee as it provides opportunities and experiences not offered anywhere else!

#### **ENSOC INDUSTRY PERSPECTIVE**

For the ENSOC committee, a great deal of our focus is industry based. From year to year we host approximately twelve free industry based events to connect our student members with the world beyond Uni. We seek to help our members develop the essential soft skills that will assist them in their future careers. As a member of ENSOC, you are closely connected to IPENZ through a relationship that has been going strong for over a hundred years. We have collaborated to consistently bring you opportunities to practice your soft skills through the speed interviewing and secrets to success evenings we run annually. We also have opportunities to recognise academic excellence, through competitions such as the Templin Scroll. A prestigious scholarship donated to ENSOC in 1941 by J R Templin.

Each month we send a representative to the IPENZ Canterbury branch meeting to share what's going on at the University, receive feedback and seek to generate ideas for future events. We get involved with the engineering community in Canterbury by submitting articles to the monthly branch newsletter, as well as inviting companies to attend our annual engineering careers expo. This year the expo brought you 23 companies, a rare opportunity to seek employment to fill those summer work hours which are vital to the completion of your degree.



We also listen to you! Upon receiving feedback that some of Canterbury's engineering students have their sights set on engineering opportunities abroad, we decided to run an international careers evening to introduce our student members to engineers who have had experience working on international projects. Next year we are looking to broaden our horizons. We have recognised a lack in awareness of the benefits of IPENZ and intend to host an event informing our members of extracurricular opportunities after Uni. If you like the sound of this, keep an eye out to learn more about getting involved with your local IPENZ branch or Engenerate committee. These are great ways to meet new people in industry and present an opportunity to shape the engineering community in New Zealand.



# **NGAIRE KNOWS BEST**

O haiii x3 itz u again Grandma! o3o gives u a kissie Rawr x3 \*nuzzles\* how are you? \*pounces on you \* you're so warm! o3o \*notices your shapely breasts\* o: someone's a naughty granny ;) \* nuzzles your necky wecky \* ~ murr~ hehehe \*rubbies your titty witties\* vou're so big :0000 \* rubbies more on your granny sacks \* ·///· \* kisses you and lickies your necky\* daddy likies (; nuzzles wuzzles I hope granny really likes \$: \* wiggles butt and squirms \* \* wiggles butt \* I have a little itch o3o\* wags tail \* can you please get my itch? ~ puts paws on your chest nyeaaaa ~ SQEEEE UwU O3O XD XD XD :3

nuzzelz \*glomps\*

^W^ mew!

XD:D>.><.< ~~~~~!!!!!

What on Earth? You sound unwell. Have you seen a doctor or perhaps your local priest? I don't know what's happening but I can only imagine this is the result of some sort of vodka tampon or the mixing of your day and night flu tablets. My friend Betty once did that, she mixed her medications then smoked a dank fattie and she started hallucinating up a right storm. We were at a NZ First rally and she thought she was back in the 70's at a Putaruru orgy. And **THAT'S the story of how Betty** Jones pegged Winston Peters.

**Best of luck, Grandma Ngaire** 

Hi Ngaire,

I'm from New York, and I met my long term partner here at UC and we're very much in love. That's all very well and good but here's my issue. He's uncircumcised. It makes me feel sick. I'm scared of it, just hanging there, all dribbly. I don't know what to do with it! I've asked him to look into getting 'the snip'. It's expensive and painful, but I think he should do this for me. What do you think?

Anti-Anteater

Dear Ameri-Yes-You-Can. Bodies come in all shapes and sizes. And just like trying different foods and cuisines it's good to try something a little bit different. LIKE A FORESKIN. I know you Americans are quite fond of the cosmetic surgery as I've met a lot of yanks on my patchwork tours and some of them women look an absolute FRIGHT. Got faces like burn victims don't they though? Please don't ask your chap to turn his phallus into the face of an elderly Jewish woman called Sylvia. Would you snip up your snatch with scissors for him? I most certainly hope not. That's not very nice. But hey, here's a fun fact: you need less lube and less effort to give a great hand job to dick with a foreskin. THINK OF THE TIME YOU'LL SAVE IN YOUR DAY. You are both beautiful just as you are (even if you do have an ugly face)

Peace and blessings, Grandma Ngaire

PS. Send cock pics



We pass on your emails to Ngaire: canta.editor@gmail.com

Also check out her adventures on facebook: search -Mrs Ngaire Chambers



## ONE SIDE

I got to Spags to see my date sitting at the table already with a nearly finished glass of wine. YES! I haven't slept with her before. The lesbian dating pool in Christchurch is more of a really bad kid's paddling pool.

I asked if she had been waiting long, for her to respond "no only a couple of minutes", either she thought I was stupid or she was really thirsty. Nevertheless, she liked to drink wine, which already ticked a box for me. She wanted to just talk but I was starving so dived right into the menu, we both came to the conclusion that seafood on pizza is just wrong and I ordered the peperoni pizza.

The night was great, conversation was flowing, drinks kept coming and there was never a dull moment. Before we knew it Spags staff were closing up, the night was young and I was keen to keep going. I suggested we hit another bar in town, she wasn't so keen and opted for an ice cream instead. I'm not keen on ice-cream and pizza burps but she's still cute. We exchanged numbers and agreed we'd go on a 2nd date. As we parted our separate ways, I got home to find she had already text me and although I wanted to text back, I didn't want to look desperate so decided to follow dating 101 rules and sleep on it. We have since been out and I'm enjoying getting to know her better.

Thanks CANTA for the awesome set up and to Spags for the pizza and wine.

To submit yourself or a mate for LUCKY DIP. Email: canta.editor@gmail.com

## THE OTHER SIDE

I get really bad anxiety if I'm late to anything, so I'm always super early. So, when she arrived I tried to play it cool and act like I hadn't been waiting for 15-20mins secretly shitting it that she just wouldn't turn up, or that she already arrived saw me and left! I told her I'd only been here 5 minutes so probs looked like a right alchi with a nearly finished glass of wine! Anyway, first impressions were great, you can tell that she had put a lot of time into her appearance, which made me feel better about how I dressed, nothing worse than being the only one to put the effort in.

The conversation was a little awkward at first, I could tell she was more eager to order her food than answer my questions. Flicking through the menu I saw seafood pizza and made a comment that I would never eat a seafood pizza...sorry but seafood on a pizza is a big no no – just seafood, NO...she totally agreed and from then on, the convo started rolling as we found out we had more and more in common. Anyway, back to food, she ordered a pepperoni pizza whilst I opted for a pasta dish...risky on a first date I know, but I love pasta – especially free pasta (thanks CANTA)!

The waiter kept the drinks coming, we actually ended up staying until closing...awks getting kicked out of a spags. She suggested carrying on elsewhere, but believe me I had had enough, one more drink and it would have been game over. She gave me her number...I couldn't remember if I gave her mine so when I got home I messaged her to make sure she had...looking back I hope I didn't come across too needy...

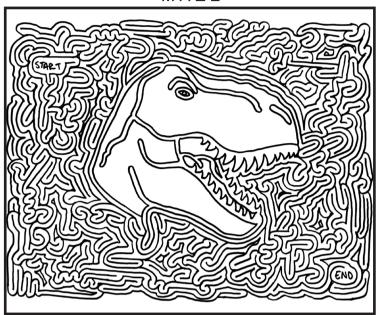
All in all, the date was one of the best I had been on for a long time and despite me being needy and ever so slightly drunk, she agreed to a second date! YES!

Thanks, CANTA...who da best? You da best!

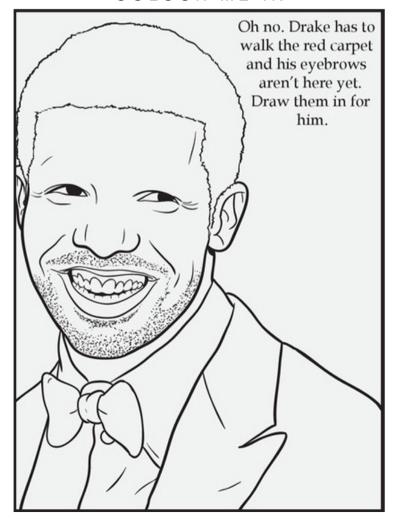


## HAPPY ENDING

## MAZE



## COLOUR ME IN



## FEEL GOOD FACTS

- You just beat your personal best for being alive :)
- Most goats are born twins!
- Every year, hundreds of new trees grow because of squirrels forgetting where they buried their nuts.
- The official Space Jam website has not changed since 1996.
- Cuddling can help wounds heal faster, due to the release of oxytocin.
- The only member of ZZ Top who does not have a beard is the drummer, Frank Beard.
- The ice bucket challenge actually helped fund the discovery of a gene linked to ALS.
- Posting anything on the Internet is essentially logged forever. You can speak to your great, great grandchildren if you wanted.
- You look like your ancestors, and they all got laid.

## 420 THOUGHT

What is the whole point of the alphabet being in order?

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**Isaac** comes to Shift with a mining background and a Master of Science in Geology. He's now using Shift to add specific IT skills to his work experience. "Shift has succeeded in delivering to my expectations – I have enjoyed learning the underlying skills required in the ICT-industry, such as programming, web development, databases and user-experience." He is currently completing his industry placement at Stantec NZ (previously MWH), analysing drone footage of coastal erosion sites.

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of Arts in Philosophy and a knowledge of logic, science and ethics. He sees Shift as a way to gain industry-relevant tools, practices and inspiration. "Next move for me is to pursue my dream of working on video game technologies – a promising social climate to drive ethical and user-focused experiences forward." For his industry project, Jono is working with the Tarn Group adding additional features to an online educational software platform.



Sakinah has a Bachelor of Information Technology and has joined Shift to "build up my network, earn some work experience and increase my employability." She's also keen to develop her programming skills further and learn more about other programming languages to ensure she has a wide range of technical skills.





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